

The List Mama

LISTS AND REVIEWS
OF MY FAVORITE
THINGS



SLEEPING/SOOTHING
SO YOU BOTH CAN
SLEEP LIKE A BABY



ON-THE-GO
FROM BABY CARRIERS
TO DIAPER BAGS



FEEDING LISTS:
BREAST OR BOTTLE
FEEDING BASICS

BABY REGISTRY



Getting Started

Registering for your first baby can be overwhelming! It definitely was for me. There are so many choices of things to buy and products to choose, it can make your already morning sick stomach turn! When I was expecting my son, I asked some of my best mommy friends to share their top 10 baby essentials. From their lists and hours of reading reviews, I made my Baby List and started shopping. Now, after four kids, I added a few favorite things of my own that I found helpful for that first year. Hopefully this will get you off to a good start on your own baby registry and shopping!

Bath Time/Health Care

Essentials:

- R Aquaphor Baby Ointment
- R Baby Bath Towels (Set of three)
- R Baby Nail Scissors
- R Baby Tylenol
- R Baby Wash
- R NoseFrida
- R Thermometer
- R Baby Chest Rub for congestion
- R Washcloths (about 18 - great for baths & feeding)

Very Nice to Have, But Not Essential:

- R Easy Bath Kneeler
- R Gripe Water (for colic/gas relief)
- C Baby Bath Tub

Key:

R=Register

**C=Consignment/
Craigslis**

S=Buy on Sale

**G=Get an extra for
the grandparents'
house**

B=Buy New

Bed Time/Soothing

Essentials:

- R Swaddle Blankets (3)
- R Happiest Baby on the Block DVD
- R Pacifiers (2 or 3 sets)
- R White Noise Machine
- R Wubbanub or Nookums Pacifiers (3)
- R Baby Wise book by Gary Ezzo
- C Halo Sleepsack (2 in each size, cotton for summer, fleece for winter)
- B RelaxMelodies Free White noise App

Very Nice to Have, But Not Essential:

- R Pacifier Clip
- C Soothe & Glow Seahorse

Nice to Have:

- C Baby Einstein Crib Soother

Nookums Pacifier Holder



Dohm White Noise Machine

Nursery

Essentials:

- R Night lights (for hallway & bedroom)
- R Crib Mattress
- R Waterproof Crib Pad (2)
- C Changing Dresser
- C Crib
- C Crib Sheets (2 or 3)
- C Rocking Chair

Nice to Have:

- C Breathable Crib Bumper
- R Cribwrap Rail Covers (protects cribs from baby teeth)



Baby Einstein Crib Soother

Clothing

Essentials:

- R Newborn Onesies for summer babies (4-6)
- R Newborn Sleepers (fleece for winter, cotton for summer) (4-6)
- R Newborn Socks (8 pack)
- R 0-3 Month Onesies (4-8)
- R 0-3 Month Outfits (4-8)
- R 0-3 Month Sleepers (4-6)

Very Nice to Have, But Not Essential:

- R Newborn Caps (5 pack)
- R Newborn Mittens (Two 3 packs)
- R Waterproof bibs (for drool) Bandana-style bibs are cute!

Essential, But Don't Need Right Away:

- C 3-6 Month Outfits, Sleepers
- C 6-9 Month Outfits, Sleepers, Socks
- C 12 Month Outfits, Sleepers



NUK Learner Sippy Cup

Feeding

Essentials:

- R 8 oz. Bottles (6)
- R Bottle Brush
- R Simple Lines Breastmilk Freezer Trays
- R Cloth Diapers/Burp Cloths (2 packages)
- C Dishwasher Basket
- B Vitamin D (for breastfed baby)
- R Nicki's Diapers Feeding Bibs (6)
- B Breastpump (provided by many insurance companies)



Nicki's Diapers Feeding Bibs

Very Nice to Have, But Not Essential:

- R Medela Quick Clean Micro Steam Bags
- C Nursing Pillow
- C, G Bottle Warmer
- R Silicone Feeding Bibs (at least 2)

Essential, But Don't Need Right Away:

- R Gerber Graduates Infant Spoons (2 sets)
- R Munchkin Spoons (2 sets)
- R Nuk Sippy Cups (3)
- C, G Space Saver High Chair



Safety

Essentials:

- R Baby Monitor (Video is REALLY nice)

Essential, But Don't Need Right Away:

- R, G Cabinet Latches
- R, G Outlet Covers
- C, G Baby Gate



Summer Silicone Bib

Diapering

Essentials:

- R Contoured Changing Pad
- R Baby Wipes
- R Diaper Pail Refills
- R Diaper Rash Cream
- R Newborn & Size 1 Diapers
- C Changing Pad Covers (2)
- C Diaper Pail



Very Nice to Have, But Not Essential:

- R Changing Pad Set
(Set of three small waterproof fabric pads)



On-The-Go

Essentials:

- R, G Pack 'n Play Sheets
- S Convertible Car Seat
- C, G Stroller
- C, G Pack 'n Play (with removable changing station, bassinet, and newborn napper/bouncer is NICE)
- C Diaper Bag (doesn't need to be huge)
- C Car Seat Seatsaver



Boba Soft Structured Carrier

Very Nice to Have, But Not Essential:

- S Carseat Canopy
- S Infant Car Seat & Base
- C Jogging Stroller
- C Soft Structured Carrier
- C Boba or Moby Wrap Carrier

Nice to Have:

- R Backseat Mirror

Play Time

Essentials:

- C, G Activity Gym
- C, G Swing/Bouncer or Swing/Bassinet Combo

Very Nice to Have, But Not Essential:

- R Rubber Teether Toy
- C, G Baby Einstein Jumper



Tips:

- Target & Amazon will give you a one-time 10-25% off everything in your registry.
- Target has a few big baby sales a year. Sign up for their mailing list so you know when they are happening.
- Check out my Pinterest page to see recommended brands and more pictures of the items on this list at www.pinterest.com/thelistmama.